**Project ECHO September 25, 2019**

**Attendees:**

1. Patricio Massanga, Patient Navigator, Greater Portland Health
2. Katelyn Michaud, Program Manager, Maine Cancer Foundation
3. Heather Drake, Program Manager, Maine Cancer Foundation
4. Aysha Shiekh, Director of Programming, Maine Cancer Foundation
5. Angela Fochesato, Patient Navigator, Healthy Acadia
6. Kaitlyn Umphrey, Oncology Patient Navigator, Jefferson Cary Cancer Center
7. Dorothy Guild, Breast Health Nurse Navigator, Saint Mary’s
8. Leslie Foreman, Lower GI Navigator Maine Medical Center
9. Mona Ervin, Maine Coalition to Fight Prostate Cancer
10. Magda Alden, American Cancer Society, Patient Navigator, Maine Medical Cancer Institute
11. Robin Letarte, Financial Advocate, New England Cancer Specialist
12. Manny Ortega, Upper GI Navigator, MaineHealth
13. Katherine Perkins, Patient Navigator, Caring Connections Bangor YMCA
14. Beth-Ann Platt, Patient Navigator, Northern Light Sebasticook Valley Hospital
15. Holly Lasagna, Healthy Androscoggin
16. Abdul Said, Executive Director, New Mainers Public Health Initiative

**Recommendations for Case Study**

Case Study Presenter: Patricio Massanga, Patient Navigator, Greater Portland Health

**Questions Asked:**

* What are additional ways to work with reluctant patient populations?
* Is there a way to normalize screening and early detection among populations who are not used to a system of prevention?
* Has anyone had experiences working with the New Mainer and/or refugee population in their own community or health care setting? What tactics have you used?

**Recommendations**:

Discuss alternative prevention strategies: diet, exercise, and life style changes. Explain risk factors and health history to discuss what types of cancers a patient may be at risk for.

Healthy Androscoggin also piloted offering workshops to provide colorectal cancer screening information but they did not have strong attendance. Currently implementing new intervention: individual home visits and those have been more successful. Healthy Androscoggin receives patient names from physicians and a Community Health Worker conducts a home visit with colorectal cancer screening materials. In addition to providing information to the patient, this allows family members to hear the information as well.

Washington County – population of migrant workers who remain in Maine year round. Healthy Acadia Mobile Unit travelled to the community. Healthy Acadia educated a small group of individuals from the migrant worker community on screenings. This group was then empowered to go back and translate the cancer prevention/screening information to the rest of their community. Recommendations to start small, gain respect and trust of community members first. Must also focus on health literacy and cultural competency.

Health literacy – working with patients to better understand insurance. Some examples were discussed in which patients go off of MaineCare and then onto employer insurance. Sometimes patients had a difficult time understanding the new insurance and ultimately went back to MaineCare. Patients often need someone to explain and walk them through the process.

**Next Patient Navigation ECHO Call:**  
October 23, 3-4pm, Palliative Care